



4. VELIKA NAGRADA SLOVENIJE MEDNARODNI PLAVALNI MITING PINGVINČEK '19

9. - 10. MAREC 2019

FINA "A" and "B" Swimming Qualifying Standard Times for
Olympic Games 2020 – Tokyo / Japan

Dobrodošli, welcome, willkommen, benvenuti, welkom, bienvenue

4. VELIKA NAGRADA SLOVENIJE **MM PINGVINČEK '19**

9.- 10. Marec 2019

Pokriti olimpijski bazen Kranj - SLOVENIJA

FINA "A" and "B" Swimming Qualifying Standard Times for
Olympic Games 2020 – Tokyo / Japan
World Championships 2019 – Gwangju / South Korea

Kvalifikacijsko tekmovanje za: / Qualifying competition at:
Olympic Games 2020 – Tokyo / Japan
World Championships 2019 – Gwangju / South Korea
World Junior Championships 2019 – Budapest / Hungary
Summer World Universiade 2019 – Napoli / Italy
European Junior Championships 2019 – Kazan / Russia
European Youth Olympic Festival 2019 – Baku / Azerbaijan

Sodelujoče države (24) na MM Pingvinček (2013 – 2018)

We are looking forward to meeting you!



Organizator tekmovanja / Organizer of the competition:

PLAVALNI KLUB KRANJ

Trg Rivoli 3
4000 Kranj, Slovenija
T: +386 (0)40 467 853 in +386 (0)40 467 854
e-mail: pk.kranj@gmail.com
web: www.pk-kranj.si



Kraj / Place of competition:

Naziv / Name: Pokriti olimpijski bazen Kranj / In-door Olympic pool Kranj,

Naslov / Address: Partizanska cesta 39, 4000 Kranj, Slovenija

Tehnični podatki / Technical data:

Olimpijski bazen, 50m, 10 prog, globina bazena 2,2m temperatura vode 26,5°C/
Swimming pool 50m, 10 lanes, depth 2.2m, temperature 26.5°C

Merjenje / Timing:

Elektronsko, Timing LJUBLJANA / "Omega Electronic" Timing LJUBLJANA

Starostne kategorije / Age categories:

CAT.	Moški / Male	Ženske / Female
A	(ABSOLUTNO/OPEN)	(ABSOLUTNO/OPEN)
B	2001 - 2002	2002 - 2003
C	2003 - 2004	2004 - 2005

Pravila tekmovanja / Competition regulations:

Tekmovanje bo potekalo v skladu s pravili Plavalne zveze Slovenije, ki so usklajeni s pravili evropske (LEN) in svetovne plavalne zveze (FINA). / Championship will be held according to PZS, LEN and FINA regulations.



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Program tekmovanja / Competition Program:

Predtekmovanje / Heats	Finale / Final
Ogrevanje / Warm up: 8.00	Ogrevanje / Warm up: 16.30
	Otvoritvena slovesnost / Opening ceremony: 17.30
Tekmovanje / Competition: 9.00	Tekmovanje / Competition: 18.00

1. dan / day - sobota / Saturday

Discipl.	Stil / Stile	Predtek. / Heats	Finale / Final
50 m	prsno / breaststroke	A,B,C	A Finale (absolutno/open) B Finale (B/C kat.) C Finale (C kat.)
50 m	prosto / freestyle	A,B,C	
100 m	hrbtno / backstroke	A,B,C	
200 m	prosto / freestyle	A,B,C	
100 m	delfin / butterfly	A,B,C	
200 m	prsno / breaststroke	A,B,C	
200 m	mešano / medley	A,B,C	
4x100m	prosto štafeta / free relay (Moški / Male); (Ženske / Female)		
1500 m	prosto / freestyle (Moški / Male)	(absolutno/open)	(absolutno/open) hitrejša sk. / faster group 1 skupina /group
800 m	prosto / freestyle (Ženske / Female)	(absolutno/open)	(absolutno/open) hitrejša sk. / faster group 1 skupina /group

2. dan / day - nedelja / Sunday

Predtekmovanje / Heats	Finale / Final
Ogrevanje / Warm up: 8.00	Ogrevanje / Warm up: 17.00
Tekmovanje / Competition: 9.00	Tekmovanje / Competition: 18.00

Discipl.	Stil / Stile	Predtek. / Heats	Finale / Final
50 m	delfin / butterfly	A,B,C	A Finale (absolutno/open) B Finale (B/C kat.) C Finale (C kat.)
50 m	hrbtno / backstroke	A,B,C	
400 m	prosto / freestyle	A,B,C	
200 m	delfin / butterfly	A,B,C	
100 m	prsno / breaststroke	A,B,C	
200 m	hrbtno / backstroke	A,B,C	
100 m	prosto / freestyle	A,B,C	
400 m	mešano / medley	(absolutno/open)	(absolutno/open) hitrejša sk. / faster group 1 skupina /group
4x100m	Mešano štafeta / medley relay (Moški / Male); (Ženske / Female)		(absolutno/open) 1 skupina /group

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Štartnina / Entry Fee:

5 EUR na štart / 5 EUR per individual start

Klubi / društva morajo štartnino poravnati pred pričetkom tekmovanja ali na TRR društva (SLO klubi). Štartnina se plača za vse, ki so navedeni v štartni listi in niso odjavljeni do navedenega datuma odjav. / The entry fees can be paid only at the administration office before the beginning of the competition.

Prijave / Entries:

Prijave SLO klubov on-line na PZSana do **srede, 06.03.2019** /

Entries until **Wednesday 6th March 2019** to the address or email (preferred LENEX file).

Odjave / Cancellations:

Do četrta, 07. 03. 2019 do 20⁰⁰ / Until Thursday 7th March 2019 until 8.00 p.m.

Sistem tekmovanja:

Tekmovanje bo potekalo v dopoldanskem (predtekmovalnem) in popoldanskem delu s finali. V dopoldanskem delu bodo tekmovalci razvrščeni v skupine po prijavljenih rezultatih, ne glede na starost. V popoldanskem delu bodo nastopili finalisti: **A finale (absolutno); B finale (B/C kat.); C finale (C kat.)**.

V finalu **A** nastopa najhitrejših 8 plavalcev kategorije (**absolutno**). V finalu **B** nastopa 8 najhitrejših iz predtekmovanja kategorije **B in C**. V **C** finalu nastopa 8 plavalcev **C** kategorije. Izjemi sta disciplini 800/1500m prosto ter 400m mešano, kjer bodo tekmovalci razvrščeni v skupine po prijavljenih časih, zadnja - najboljša skupina bo nastopila v popoldanskem finalnem delu tekmovanja. Organizator si pridržuje pravico, da v primeru prevelikega števila prijavljenih tekmovalcev v disciplinah 800m/1500m prosto in 400m mešano omeji nastop samo 16-ih najhitrejših.

Competition system:

The championship itself includes the qualifying rounds in the morning and finals in the afternoon.

In the afternoon finals will compete in **A final (open)**, **B final (cat. B / C)** and **C final (cat. C)**. The final performances will be performed twenty-four (24) fastest swimmers from the heats. The eight (8) best competitors of **Absolute Category** in the preliminary rounds will compete in the afternoon **A** finals, the other eight (8) competitors Category **B / C**, will compete in **B** finals and last eight (8) swimmers of Category **C** will compete in afternoon **C** finals.

The exceptions are: the 800 m/1500 m freestyle and 400 m individual medley, where the competitors will be grouped according to the submitted time results. The last group - faster group (of the above mentioned events will, however, compete in the afternoon (final) part of the competition. In the afternoon finals in relays (Absolute category) will swim only eight (8) fastest teams, according submitted time results.

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Nagrade:

Najboljši trije iz kategorije A, B, C v vsaki disciplini bodo nagrajeni z medaljami. Izjeme so discipline 800 m / 1500 m prosto ter 400 m mešano, kjer se bodo podelile zgolj medalje v absolutni kategoriji.

Plavalka in plavalec kategorije A, B, C z najvišjim seštevkom FINA točk iz štirih (4) disciplin (v dveh dneh), bodo nagrajeni s pokali.

Prve tri štafete prejmejo medalje.

Prizes:

The best three competitors in the afternoon (final) category of A, B and C in each event shall be awarded with medals, except in the events (800 m / 1500 m free style and 400 m medley) which are valid only for the open class.

Best female and male competitors in category A, B and C, who will by FINA Score tables gain the highest sum of points in four (4) best results in both days, will be awarded. First three relay teams will be awarded with medals.

Informacije / Information:

Meet-schedule and more details: www.pk-kranj.si

All other informations, please write to pk.kranj@gmail.com

Nastopajoče države na MM Pingvinček (2013-2018) / Participants on MM Penguin (2013 – 2018) 24 Nations.



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